

10 pounds of Fatty Ground Meat (Hamburger, Pork, or a mixture! Anything 20% fat or more)

1 pound of Cheddar Cheese

4 cans of Tuna Fish - drained (any fish will do really, this is more for flavor than calories)

1 (18 oz) jar of peanut butter

1 (12-16 oz) bottle of Molasses

1 block of Cream Cheese

1 box of Knox Gelatin

1 can of Pumpkin (not the pie filling! PLAIN Pumpkin)

1 (24 oz) tub of Cottage Cheese

8 oz of Dehydrated Potato Flakes (If you can't find these, try PLAIN Instant Mashed Potatoes) OR frozen hash browns

Directions:

Mix all of your ingredients together in a LARGE bowl (I used a GIANT pot!). It's best to mix 2-3 ingredients at a time as it blends a little easier I think. After mixing together well, put into the fridge or freezer (wherever you have the most room - I drop my whole pot into the deep freezer) and chill for 30-40 minutes. Chilling makes them less "sticky" when you're prepping them to roll into balls

-Hash browns in the freezer section that have no additives or preservatives can be substituted for the dehydrated potato flakes

-You can also add and take away based on what dog is eating and their preferences

